

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 6/17/2014	(3) CONTACT/PHONE Melanie Serrou 781-4756 Star Graber 781-4759	
(4) SUBJECT Request to approve five (5) renewal contracts and three (3) new contracts (Clerk's File) for FY 2014-15 in the cumulative amount not to exceed \$468,000 with eight Sober Living Environment facilities to provide sober living environment housing in collaboration with drug and alcohol treatment services. All Districts			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign five (5) renewal contracts and three (3) new contracts for FY 2014-15 with Captive Hearts, Casa Solana, Coastal Recovery, Gatehelp/Gryphon, House of Serenity, Middle House, Restoration House and Heal A Heart in the cumulative amount not to exceed \$468,000 to provide sober living environment housing in collaboration with drug and alcohol treatment services.			
(6) FUNDING SOURCE(S) AB 109, Realignment 2011, Social Services/Child Welfare Services CalWORKS, General Fund Support	(7) CURRENT YEAR FINANCIAL IMPACT \$468,000.00	(8) ANNUAL FINANCIAL IMPACT \$468,000.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001420		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>7/16/2013</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, LMFT, Behavioral Health Administrator

DATE: June 17, 2014

SUBJECT: Request to approve five (5) renewal contracts and three (3) new contracts (Clerk's File) for FY 2014-15 in the cumulative amount not to exceed \$468,000 with eight Sober Living Environment facilities to provide sober living environment housing in collaboration with drug and alcohol treatment services. All Districts

RECOMMENDATION

It is recommended that the Board approve and the direct Chairperson to sign five (5) renewal contracts and three (3) new contracts for FY 2014-15 with Captive Hearts, Casa Solana, Coastal Recovery, Gatehelp/Gryphon, House of Serenity, Middle House, Restoration House and Heal A Heart in the cumulative amount not to exceed \$468,000 to provide sober living environment housing in collaboration with drug and alcohol treatment services.

DISCUSSION

The Health Agency's Behavioral Health Department contracts with various Sober Living Environments (SLEs), which provide a safe and sober living environment appropriate to the level of care necessary for those with severe drug and alcohol dependence. SLEs are safe and secure environments that provide house supervision and basic care while working collaboratively with Behavioral Health staff to provide the substance use disorder treatment at County facilities.

Clients referred to a SLE benefit from the structure and stability provided by the SLE. This helps them stay focused on their recovery efforts, avoiding the negative aspects related to their addiction. SLE clients must follow house guidelines designed to keep them on the right path. Clients may not bring drugs or alcohol in the home and must refrain from using drugs or alcohol for the duration of their stay. Sober living housing alone is not the solution to drug addiction, however, it can play a major role in helping the addict remain clean and sober. Combined with on-going treatment, peer and family support, many recovering addicts are now living positive lifestyles free from drugs and alcohol.

Sixty-four percent of the total dollars allocated for SLE housing is funded with 2011 Public Safety Realignment dollars. The 2011 Public Safety Realignment Act (AB109) was signed into law on April 4, 2011. AB109 transfers responsibility from the State to counties for offenders convicted of certain low level felonies, defined as non-serious, non-violent, non-registered sex offenses. As part of the implementation of Public Safety Realignment, monies are set aside for supportive housing services including SLEs. Other funding for SLE housing includes small amount of the realignment dollars received from the Behavioral Health sub account (2%), CalWORKs funding transferred by the Department of Social Services (13%), and General Fund associated with the Affordable Care Act expansion of the Intensive Outpatient and Voluntary Outpatient Treatment Programs (21%). The General Fund amount is contingent on the approval of Health Agency FY 2014-15 budget.

Because each SLE has a limited number of beds available, the Department contracts with multiple facilities to ensure that placement options are available when needed. Of the eight contracts, rates per day vary from \$20 - \$40. Contract rates for FY 2014-15 did not change from the previous fiscal year with the exception of one provider, House of Serenity, where direct van transportation was added at an increase of \$1 per bed day. SLE provider costs vary depending on the level of

care and program needs of the client. Additional services like client transportation and vocational rehabilitation services are considered added services resulting in a higher daily bed rate charge. The table below shows the contracted rate and capacity of each contractor.

Provider Rate, Location(s) and Beds

Provider	Daily Bed Rate	Houses	Beds Available per Provider
Captive Hearts (Women)	\$40.00	1 - Grover Beach 1 - Oceano 2 - TOTAL	11
Casa Solana (Women)	\$30.00	2 - Grover Beach 2 - TOTAL	20
Coastal Recovery (Men)	\$25.00	1 - Pismo Beach 1 - San Luis Obispo 2 - TOTAL	15
Gatehelp, dba Gryphon (Men & Women)	\$25.00	1 - Grover Beach 3 - San Luis Obispo 1 - Atascadero 1 - Paso Robles 6 - TOTAL	58
Heal A Heart (Women)	\$33.00	1 - Paso Robles 1 - TOTAL	6
House of Serenity (Women)	\$29.00	1 - Los Osos 1 - TOTAL	9
Middle House (Men)	\$22.00	1 - San Luis Obispo 1 - TOTAL	14
Restoration House (Men)	\$20.00	2 - Oceano 2 - TOTAL	21
Total	\$28.00 (avg.)	17	154

The eight SLE contractors are Qualified Service Organizations (QSOs) who work directly with County Behavioral Health for the treatment needs of the clients. The significance of the QSO Agreement is that it allows the SLE and Behavioral Health Department to share necessary client information without having a separate signed confidentiality agreement. This can greatly expedite the process for getting clients into a SLE and allow the collaborative flow of information about clients to be shared. The confidential information cannot be shared with outside parties who are not actively working in the services associated with this contract.

The renewal of these contracts is dependent upon Board approval of the Health Agency FY 2014-15 budget. Each contract is subject to non-appropriation of funds, thereby allowing Behavioral Health to terminate the contract should the Health Agency budget not be approved.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed the contracts as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2014-15 Behavioral Health Recommended Budgeted includes \$468,000 in adult SLE housing. The table below shows the funding sources and amounts included in the budget for FY 2014-15 for adult SLE beds.

Funding Source	Funding Amount
AB 109	\$299,828
Realignment 2011	\$8,000
Social Services / Child Welfare CalWORKS	\$60,172
General Fund Support	\$100,000
Total	\$468,000

The table below displays actual expenditures for last year, the estimated expenditures for the current year and projections for FY 2014-15 for each of the eight contractors.

Provider	Bed Day Rate	2012-13 Actual		2013-14 Estimate		2014-15 Budget	
		Paid Bed Days	Cost	Paid Bed Days	Cost	Paid Bed Days	Cost
Captive Hearts	\$40.00	1105	\$44,182	863	\$34,510	995	\$39,800
Casa Solana	\$30.00	1248	\$37,443	1459	\$43,770	1652	\$49,550
Coastal Recovery	\$25.00	1292	\$32,290	1871	\$46,765	1780	\$44,500
Gatehelp, dba Gryphon	\$25.00	3399	\$84,983	4905	\$122,628	5270	\$131,750
Heal A Heart	\$33.00	NA	NA	515	\$16,979	902	\$29,760
House of Serenity	\$29.00	NA	NA	2006	\$58,181	3967	\$115,040
Middle House	\$22.00	496	\$10,904	602	\$13,254	355	\$7,800
Restoration House	\$20.00	915	\$18,290	2548	\$50,960	2490	\$49,800
Total	NA	8454	\$228,092	14769	\$387,047	17410	\$468,000

The contract amount for each provider is set at \$468,000 which is the budget for all outpatient sober living environments. However, the County will only compensate each provider for the actual services provided. By setting the contract value for each provider at the maximum dollar amount, the Department gains the flexibility to utilize a pool of providers during the year based on the needs and requirements of each client.

Additional SLE housing funds are budgeted for residential services to pregnant and parenting women and their children as well as SLE housing in conjunction with detox services provided by the Department. These additional SLE housing contracts will be brought to the Board at a later date.

Behavioral Health clinicians complete an initial referral of each client for SLE housing and then subsequent referrals monthly to the SLE manager. Behavioral Health monitors all SLE placements to ensure they are appropriate and necessary for the client. As mentioned, ongoing treatment, case management and individual therapy is provided by Behavioral Health staff while the clients are housed at the SLE facility. As the client's progress in their treatment and their financial circumstances improve, the clients are transitioned to self-pay in order to provide more opportunity to new clients in need of assistance.

RESULTS

The Behavioral Health Department pays for the initial few months of the clients stay in a SLE. Behavioral Health paid for 72 percent of the actual SLE bed days for clients in FY 2013-14. Overall the actual SLE bed days is estimated to be at 24,410 for all the contracted facilities as well as the other SLE facilities that are not a part of this contract. On average, closed assignments show clients stayed 109 days or about three and a half (≈3.63) months per each individual stay at the

SLE. Longer stays in treatment are associated with higher levels of overall success in maintaining sobriety.

Provider	2013-14 Estimate		
	Clients Served	Bed Days	Avg. Stay
Captive Hearts	12	914	157
Casa Solana	24	2050	119
Coastal Recovery	44	3025	66
Gatehelp, dba Gryphon	104	9869	114
Heal A Heart	incl. in other	incl. in other	incl. in other
House of Serenity	22	1946	86
Middle House	13	1434	164
Restoration House	18	2563	132
Others	14	908	127
Total	240	24410	109

The Behavioral Health Department accepts responsibility for managing SLE placements in the most cost effective manner, while providing the most appropriate and comprehensive treatment option for the individual client. The contract with Captive Hearts, Casa Solana, Coastal Recovery, Gatehelp dba Gryphon, House of Serenity, Middle House, Restoration House and Heal A Heart provides sober living environment housing will continue to help clients become stable in their sobriety and thus not return to a cycle of illegal and negative behavior. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Clerk's Filed Cover Sheet for Sober Living Environment (SLE) Contracts FY 2014-15